

## Adult Weekend Bushcraft Course at Brook Farm

Day 1      **0930**      Meet at our office in the Brighton Youth Centre on Edward Street

Transport provided to our site near Mayfield

- Talk on Bushcraft including priorities in survival situations
- Safe tool handling (knives, folding saw & bow saw)
- Manual handling (lifting)
- Natural shelter building (Including environmental considerations)
- Fire making methods (Including which tinder & wood to use, where to get it and tree identification)
- Cooking on open fire (Food provided)
- Navigation by stars (Weather permitting)

Day 2

- Talk on modern outdoor clothing
- Natural cordage
- Water purification
- Re-visit fire making
- Man made shelters (Including rope handling and knots)
- Navigation
- Trail blazing

Tea, coffee & biscuits provided throughout

Bring a packed lunch for the first day

Evening meal, breakfast & lunch (for second day) provided

Drop off at our office at **1730**